



Race Registration: www.Playtri.com/CompeteEveryDay

WHEN / WHERE / WHAT

- Sept. 5th
- 5K/1 Mile Fun Run
- Andy Brown East

START TIME

8:00AM 1 mile fun-run start; 8:30AM- 5K start

All proceeds from the event will go to the following two charities:

1) **The CONQUER Project (Collaboration on Neuroimmunology: Question, Understand, Educate, Restore)**, an effort at UT Southwestern that hopes to solve critical issues for Autoimmune patients by conducting research and coordinating clinical efforts.

2) **The Children's Alopecia Project (CAP)**

CAP is the only 501(c)3 non-profit devoted specifically to helping children living with the hair-loss disease, alopecia areata. They do so by raising awareness about alopecia, providing support for children and their families, and building self-esteem in children living alopecia.

Race Registration: www.Playtri.com/CompeteEveryDay

Compete Every Day® LLC (www.CompeteEveryDay.com) is a lifestyle brand created to remind you that life is worth competing for, and reignite the competitive fire already within you necessary to achieve life's victories.

Autoimmune Disease affects more than 23 million Americans according to the National Institutes of Health (NIH), and that number is rising. Researchers have identified 80-100 different autoimmune diseases and suspect at least 40 additional diseases of having an autoimmune basis. These chronic diseases affect the immune system's ability to recognize foreign cells, so it attacks normal, healthy cells (referred to as Autoimmunity).